

The Lady Who is near Menopause Has Been Supported by TCM to Have a Boy through IVF

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Case Report

Mrs. SM, 49 years old, is a teacher. She was pregnancy when she was 23 years old, but met an inevitable abortion in 40 days. She has never been conceived again since then. After she is 40 years old, she starts to worry on her reproductive function and seeks diagnosis and treatment. She is found blockages on both of her fallopian tubes and failed two times of IVF. She visits me when she is 49 years old who has missed two months of her menstruation. Due amenorrhea's occurrence, Gynaecologists refuse another IVF to her. She also manifested exhaustion, hot flashes, depression, tinnitus, insomnia and other symptoms with red tongue and wiry-fine pulse.

The pattern of TCM differentiation

Kidney Yin deficiency, Liver Qi stagnancy and Spleen deficiency

Treating principle:

To nourish kidney Yin, to move stagnated liver Qi and to reinforce spleen Qi

Treatment

- Acup: Moxi at Ren8 (Shenque)
- Needle: Du20 (Baihui), Du24 (Shenting), Ren4 (Guanyuan), Ren6 (Qihai), St29 (Guilai), Li4 (Hegu), Liv3 (Taichong), Ki10 (Yingu), Ki3 (Taixi), Ki2 (Rangu), Sp6 (Sanyinjiao), St36 (Zusanli).

Table 1: Zhibaidihuang Pills' ingredient.

Zhibaidihuang Pills (Chinese Spelling)	Latin Names	Dose (%)
Huangbai	Phellodendron ChinenseSchneid	6.9
Zhimu	Anemarrhena Asphodeloides	6.9
Shudihuang	Rehmannia Glutinosa, Libosch	27.7
Shanyao	Dioscorea OppositaThunb	13.8
Shanzhuyu	Cornus Officinalis Sieb et Zucc	13.8
Mudanpi	Paeonia Suffruticosa Andr.	10.3
Zexie	Alisma Orientalis (Sam) Juzep	10.3
Fuling	Poria Cocos (Schw.) Wolf	10.3

Patent herbal medicine: Zhibaidihuang Pills and Jiaweixiaoyao Pills. Table 1 patent herbs will be taking 15pills (0.2g per pill), twice daily. Table 2 patent herbs will be taking 15pills (0.2g per pill), twice daily. Both of pills are taken together.

Table 2: Jiaweixiaoyao Pills' ingredient.

Jiaweixiaoyao Pills (Chinese Spelling)	Latin Names	Dose (%)
Chaihu	Bupleurum Chinese DC	11
Danggui	AnglicaSinensis (Oliv.)Dies	11
Baishao	PaeoniaLactiflora Pall	11
Baizhu	Altractylodes MacrocephalaKoidz	11
Fuling	Poria Cocos (Schw.) Wolf	11
Mudanpi	PaeoniaSuffruticosaAndr.	17
Zhizi	Gardenia JasminoidesSllis	17
Bohe	MenthaHaplocalyxBrq.	2
Gancao	GlycyrrhizaeUralensisFisch.	9

Explanation

She is given a typical supporting treatment with the priority of kidney Yin pattern. Zhibaidihuang Wan reinforces kidney Yin and possesses Estrogen effect, and Jiaweixiaoyao Wan removes the liver Qi stagnation and excessive heat from liver and kidney Yin deficiency. A regular acupuncture stimulates her weaker menstrual function. After her period comes back, she is given a promoting menstrual circle treatment for a half year, then she has a pregnancy with a successful IVF and labour a healthy boy in the end of term.

Analysis

The lady has been 49 years old who expects to be conceived, but her hormonal level has been in the end stage which has made her amenorrhea for two more months. After she is given acupuncture which stimulates her reproductive function, and herbal medicine which has a bigger job of reinforcing Qi and Yin to kidney and spleen,



she has been her menstrual cycle back [1-3]. But her hormonal level may still not be higher enough to make a natural pregnancy, but she is accepted by Gynaecologists due to her regular menstrual cycle back, so an IVF is given and a successful result happens to her.

That menstrual cycle is supported by regular acupuncture and herbal medicine is an effective therapy to successfully promote pregnancy. Not only it is able to support female be naturally conceived, according to improve their ovary function; rise hormonal level, correct the endometrial state in the uterus and harmony whole reproductive system; also raise the successful rate of IVF [4-6]. By a way of analogy: If you want to well plant, you have to plough the soil softer before you put seeds into it. So if you want to be conceived easily, you have to make the lining of endometrium softer and good circulation in the location. Acupuncture and herbal treatment look like ploughing which make the uterus and whole abdominal cavity be in a good condition. If patient in a good general and local condition, she will also easily be conceived by her husband in a natural way, or doctors with an IVF.

References

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